



Chosen Vessels
Empowerment Foundation(CVEF)



“ Impacting lives intentionally”

“FINALLY ME...From Pieces to Peace!”

Many women go through challenges that end up defining who they are, and diverting the course of their purpose and destiny in life. They go through circumstances that change their name, perspective, character, attitude and even the way people perceive them. Yet, the place they find themselves is a far cry from their original dream. It isn't the original vision God gave them, the picture has become distorted. What they see now and who they have become cannot be reconciled with the original picture given by the dream maker from the very beginning! Naomi was a woman like that. Her mean which means 'beautiful' and 'agreeable' was changed by the circumstances and situation she found herself in. She became an 'unwilling and bitter' person, and even redefined herself by changing her name because of the rough times she was going through. " *Call me not Naomi; call me Mara [bitter], for the Almighty has dealt very bitterly with me. I went out full, but the Lord has brought me home again empty. Why call me Naomi, since the Lord has testified against me, and the Almighty has afflicted me?*" (Ruth 1:20-21). Naomi had lost her 'Me' and she needed to find it.

- What is it that's distorting your 'Me' picture?
 - What challenges are you facing that's contending with who you are?
 - What storm has broken you to pieces and you can't seem to find peace in the face of it?
 - What do you need to do to find 'Me' again?
- 'Your strength will come from **SETTLING DOWN** in complete dependence on me — The very thing you've been unwilling to do'. (Isaiah 30:15 MSG).

Come and rediscover 'Me'! Enjoy some 'Me' time and fellowship with other women as you join us for this year's mentoring retreat at the beautiful and exotic Inagbe Island resort, Snake Island, off the Lagos Coast in a relaxing atmosphere away from the hustle and bustle of the city, family and the familiar. A serene and breathtaking atmosphere which promises to be relaxing, refreshing and enjoyable. From the boat ride(s), to water sports, the platform restaurant atop the water and many more....all for a highly discounted and subsidised fee.

Chosen Vessels



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Friday 28th July

- Arrivals
- Check in
- Dinner
- Charge
- Movie night

Saturday 29th July

- Prayers
- Breakfast
- 1st Session
- Tea Break
- 2nd Session
- Lunch
- 3rd Session
- Free time
- Gaming
- Dinner
- Bonfire night

Sunday 30th July

- Prayers & Worship
- Word/ Charge
- Breakfast
- Photographs
- Departures

Please note that departure to the resort will be by boat cruise and not by car from Ikoyi jetty on Queens Drive, Ikoyi, Lagos. All registered participants will be expected to arrive before or by 2:30pm to go with the boat.



Fee includes:

- Boat cruise
- Wide selection of meals (Buffet style)
- 2 per room sharing (Quote also available for those who do not want to share). Kindly call in to ask for quote.
- Water sports
- Barbeque night
- Life changing seminars
- Empowerment opportunities and seminars

Relax and enjoy:

- The peace and quiet of life on an island
- Basking in the sun, sand and sea
- An atmosphere of deep peace and meditation
- Networking and bonding

Fees: Alumni Mentees – N55,000

Current Mentees – N45,000

Kindly pay into: Access Bank 0057330327 Chosen Vessels Empowerment Foundation

Please call in for other registration details:

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09030736727

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Friday 28th July – Sunday July 30th, 2017